

Volume - 14  
Issue -05  
June- 2024  
10 PAGES

# Christ College, Bhopal

(A CMI Institution)

## ख़रीज़ा लिंक

NEWSLETTER



*Music is healing. Music holds things together.” — Prince*



## PRINCIPAL'S MESSAGE



World Music Day, is an annual music celebration that takes place on 21 June. The first all-day musical celebration on the day of the summer solstice was originated by Jack Lang then Minister of Culture Minister of Culture of France Minister of Culture of France

Music has always been considered a divine art form, capable of transcending boundaries and evoking deep emotions within us. Indian classical music holds a special place, as it has been intertwined with spirituality and mythology for centuries. It has the remarkable quality to evoke deep emotions, elevate consciousness, and serve as a path to liberation.

Music is an art form whose medium is sound and silence. Its common elements are pitch (which governs melody and harmony), rhythm (and its associated concepts tempo, meter, and articulation), dynamics, and the sonic qualities of timbre and texture.

Many ancient scriptures and epics are filled with references to music and its association with spiritual liberation. It is believed that music was a divine gift from the gods and goddesses themselves. In some way, the deities themselves were patrons of music as they played various musical instruments.

Indian classical music is deeply rooted in ancient Indian text, Natyashastra and Vedic pieces of literature such as Samaveda and Rigveda.

Music is an art that, in one guise or another, permeates every human society. Music, art concerned with combining vocal or instrumental sounds for beauty of form or emotional expression, usually according to cultural standards of rhythm, melody, and, in most Western music, harmony. Both the simple folk song and the complex electronic composition belong to the same activity, music.

As Aristotle said, "It is not easy to determine the nature of music or why anyone should have a knowledge of it." From historical accounts it is clear that the power to move people has always been attributed to music; its ecstatic possibilities have been recognized in all cultures and have usually been admitted in practice under particular conditions, sometimes stringent ones. Music is not a want; it is a need. Art and music shine a light of meaning on ordinary life, and through them we are able to confront the things that trouble us and to find consolation and peace in their presence.

Prof. Fr. Johnson  
Principal

## Value Added Course

The value-added course on Drama and Art in Education, held from May 1 to May 9, 2024, was a remarkable journey into the integration of creative arts into educational practices. Facilitated by esteemed resource persons Ms. Rony Joy and Mr. Vikas Malviya, this course provided participants with innovative strategies and practical tools to enhance learning experiences through drama and art.

The course featured a series of interactive workshops where participants engaged in hands-on activities, exploring various techniques of drama and art. These workshops encouraged active participation and collaborative learning.

- **Creative Methodologies:** Ms. Rony Joy and Mr. Vikas Malviya introduced creative methodologies for incorporating drama and art into the curriculum. Participants learned how to use role-playing, storytelling, and visual arts to make learning more engaging and effective.

- **Skill Development:** Attendees developed skills in creating and managing art-based educational projects. The course emphasized the importance of creativity in fostering critical thinking, communication, and emotional intelligence among students.

- **Practical Applications:** The course included practical applications of drama and art in education, showcasing real-life examples and success stories. Participants were inspired to implement these techniques in their classrooms and educational settings

- **Collaborative Learning:** The course fostered a collaborative learning environment, encouraging participants to share their experiences and ideas. This created a rich tapestry of diverse perspectives and insights into the use of drama and art in education.

Participant Feedback:

"Attending this course was a transformative experience. The techniques we learned are not only innovative but also practical and easy to implement. Ms. Rony Joy and Mr. Vikas Malviya were exceptional in their approach, making the sessions lively and enriching." - Participant

The value-added course on Drama and Art in Education was a resounding success, leaving participants equipped with new skills and inspiration to incorporate creative arts into their teaching practices. The contributions of Ms. Rony Joy and Mr. Vikas Malviya were instrumental in making this course a memorable and impactful experience for all. The course concluded with a sense of accomplishment and inspiration among all involved. The participants are now better prepared to use drama and art to create more enriching and effective learning experiences.





## Participation in a National level Faculty Development Program

Dr. Pallavi Shrivastavsya Sinha participated in a one-week online National Faculty Development Program (FDP) on AI Tools for E-Content Development and Teaching Learning, held from April 15 to April 26, 2024. This program was organized by the UGC Malviya Mission Teacher Training Centre, SGTB Khalsa College, University of Delhi. She successfully completed the program, earning a Grade A, which fulfills the requirements for promotion under the Career Advancement Scheme (CAS) of the University Grants Commission (UGC).

### Objectives of the FDP

- To enhance the understanding of AI tools and their application in e-content development.
- To equip educators with the skills needed to incorporate AI technologies into teaching and learning processes.
- To promote innovative teaching methodologies and improve the quality of education through the use of advanced technologies.

### Program Content

#### 1. Introduction to AI in Education

- Overview of artificial intelligence and its potential in the educational sector.
- Key AI tools and technologies relevant to e-content development.

#### 2. E-Content Development Using AI Tools

- Techniques for creating interactive and engaging e-content using AI.
- Practical sessions on using AI tools for content creation, curation, and management.

#### 3. AI-Enhanced Teaching and Learning

- Strategies for integrating AI into traditional teaching methodologies.
- Case studies and examples of successful AI implementations in education.

#### 4. Assessment and Evaluation

- AI-driven tools for assessing student performance and providing personalized feedback.
- Best practices for using AI to enhance learning outcomes and student engagement.

#### 5. Hands-On Workshops

- Interactive workshops providing hands-on experience with various AI tools.
- Group activities and collaborative projects to apply learned concepts.

Dr. Pallavi Shrivastavsya Sinha's active participation and dedication throughout the FDP were commendable. She demonstrated a keen understanding of the AI tools and their applications in educational contexts. Her performance was evaluated through various assessments and practical assignments, culminating in a Grade A, indicating excellent proficiency and readiness to implement these tools in her teaching practices.

The National FDP on AI Tools for E-Content Development and Teaching Learning provided a comprehensive platform for educators to explore and master the use of AI in education. Dr. Pallavi Shrivastava Sinha's achievement of Grade A is a testament to her commitment to professional development and her readiness to advance in her academic career under the CAS of UGC.

This FDP has equipped her with the necessary skills to enhance her teaching methodologies, contribute to innovative educational practices, and positively impact her students' learning experiences.



# CONGRATULATIONS!!!

## M.Ed. First Semester Results Declared

The results for the M.Ed. First Semester have been declared on 4 May 2024, showcasing outstanding performance by the students. With a 100% pass result, the students have excelled with flying colors, reflecting their hard work and dedication, as well as the effective teaching methodologies employed by the faculty.

### Key Highlights

- **100% Pass Rate:** Every student who appeared for the M.Ed. First Semester examinations successfully passed, demonstrating a strong grasp of the course material.
- **Academic Excellence:** The overall performance of the students was commendable, with many achieving top grades and distinctions.
- First position was bagged by Sr. Jancy P P and Ms. Preeti Bala was at Second position and third position was secured by Ms. Raveena Goyal.
- **Consistent Performance:** The results reflect consistent effort and high academic standards maintained throughout the semester.

### Contributing Factors

#### 1. Dedicated Faculty:

- The faculty members played a crucial role in guiding and mentoring the students. Their expertise and commitment to delivering quality education were instrumental in achieving these excellent results.

#### 2. Comprehensive Curriculum:

- The well-structured curriculum provided a solid foundation in educational theories and practices. It was designed to equip students with the necessary knowledge and skills to excel in their examinations.

#### 3. Innovative Teaching Methods:

- The incorporation of innovative teaching methods, including the use of technology and interactive learning sessions, enhanced the learning experience and helped students grasp complex concepts more effectively.

#### 4. Student Engagement:

- Active participation and engagement from students in classroom discussions, group projects, and practical sessions contributed significantly to their understanding and retention of the subject matter.

#### 5. Supportive Learning Environment:

- A supportive and collaborative learning environment fostered by the institution encouraged students to seek help and support whenever needed, ensuring no one was left behind.

The 100% pass result in the M.Ed. First Semester examinations is a testament to the hard work and dedication of both the students and faculty. The exceptional performance not only highlights the academic capabilities of the students but also underscores the effectiveness of the educational strategies implemented.

Moving forward, the institution remains committed to maintaining high academic standards and supporting students in their journey towards academic and professional success. Christ College is proudly Congratulates all the students of M.Ed.

## Paper Presented

Dr. Pallavi Shrivastava Sinha presented a groundbreaking paper titled "Leveraging Artificial Intelligence for Teaching Life Skills in Higher Education: A Promising Frontier" at a one-day National Webinar organized by Swami Vivekanand Government College on May 25, 2024. The webinar was well-attended by educators from 13 different states, fostering a rich exchange of ideas and perspectives on the integration of AI in education.

### Paper Highlights

- **Introduction to AI in Education:**
  - The paper began with an overview of artificial intelligence and its growing significance in various sectors, particularly in education. Dr. Sinha highlighted the transformative potential of AI in teaching and learning processes.
- **AI for Life Skills:**
  - Dr. Sinha emphasized the importance of life skills in higher education, such as critical thinking, problem-solving, communication, and emotional intelligence. She explored how AI can be leveraged to teach these essential skills effectively.
- **Innovative AI Tools:**
  - The presentation included an in-depth discussion on various AI tools and technologies that can be integrated into the curriculum to enhance the teaching of life skills. Examples included AI-driven interactive platforms, virtual simulations, and personalized learning assistants.
- **Case Studies and Examples:**
  - Dr. Sinha presented several case studies and real-life examples where AI had been successfully implemented to teach life skills in higher education. These case studies illustrated the practical applications and benefits of using AI in the classroom.
- **Challenges and Solutions:**
  - The paper also addressed potential challenges in integrating AI into higher education, such as ethical considerations, data privacy, and the need for teacher training. Dr. Sinha proposed solutions to overcome these challenges, ensuring a smooth transition to AI-enhanced teaching methods.
- **Future Prospects:**
  - Dr. Sinha concluded with a discussion on the future prospects of AI in education, encouraging educators to embrace AI as a tool for innovation and improvement in teaching methodologies.

### Participant Engagement

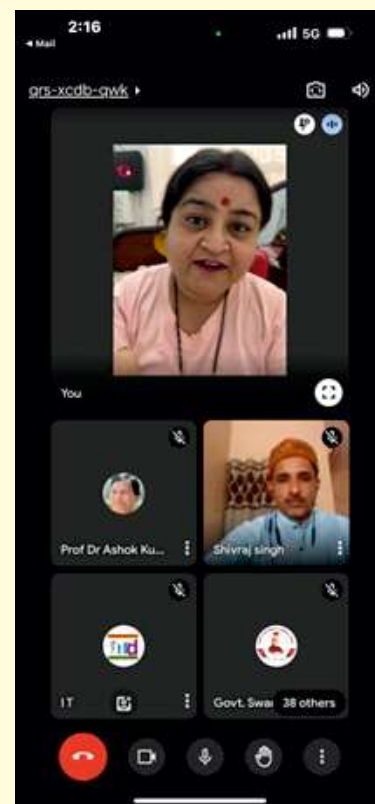
The webinar saw active participation from teachers across 13 states, who engaged in discussions and posed insightful questions. The diverse audience contributed to a vibrant dialogue on the potential of AI in revolutionizing higher education.

### Feedback

The presentation was highly appreciated by the attendees, who praised Dr. Sinha's comprehensive analysis and forward-thinking approach. Many participants expressed interest in further exploring AI tools for their educational practices and requested additional resources and workshops on the topic.

Dr. Pallavi Shrivastava Sinha's presentation on "Leveraging Artificial Intelligence for Teaching Life Skills in Higher Education: A Promising Frontier" was a highlight of the National Webinar organized by Swami Vivekanand Government College. The paper provided valuable insights into the integration of AI in education, inspiring educators to explore new frontiers in teaching and learning.

The success of this webinar underscores the importance of continuing such dialogues and collaborations to advance the field of education through innovative technologies.





## Participation in a Program on ORCID and INFLIBNET Services

The Internal Quality Assurance Cell (IQAC) of Devi Ahilya Vishwavidyalaya (DAVV), Indore, in collaboration with the INFLIBNET Centre, Gujarat, organized a one-day awareness program on ORCID and INFLIBNET services on May 18, 2024. The program was attended by notable participants including Dr. Diwakar Singh and Mr. Augustin William, alongside other academicians and researchers.

### Objectives of the Program

- To raise awareness about the significance of ORCID (Open Researcher and Contributor ID) for researchers.
- To provide insights into the various services offered by INFLIBNET (Information and Library Network) Centre.
- To facilitate the integration of ORCID and INFLIBNET services for enhancing research visibility and academic networking.

### Program Highlights

#### 1. Introduction to ORCID:

- The session began with an introduction to ORCID, explaining its purpose in providing a unique identifier for researchers, which helps in distinguishing their work from others with similar names.
- Benefits of ORCID in managing research profiles, improving the discoverability of research outputs, and enhancing collaboration opportunities were discussed.

#### 2. INFLIBNET Services Overview:

- A comprehensive overview of INFLIBNET services was provided, highlighting its role in supporting higher education and research institutions in India.
- Key services such as Shodhganga (a digital repository of Indian Electronic Theses and Dissertations), eShodhSindhu (a consortium for e-resources), and Vidwan (an expert database) were explained.

#### 3. Integration of ORCID and INFLIBNET:

- The session emphasized the integration of ORCID with INFLIBNET services to streamline research workflows and improve data accuracy.
- Demonstrations on linking ORCID IDs with institutional repositories and research databases were provided.

#### 4. Interactive Workshops:

- Hands-on workshops were conducted to assist participants in creating ORCID IDs and linking them with INFLIBNET profiles.
- Participants were guided through the process of updating their research outputs and utilizing INFLIBNET resources effectively.

#### 5. Q&A Session:

- An interactive Q&A session allowed attendees to address their queries and concerns regarding ORCID and INFLIBNET services.
- Experts from INFLIBNET Centre provided detailed responses and additional resources for further learning.

Dr. Diwakar Singh and Mr. Augustin William, along with other attendees, found the program highly informative and beneficial. They appreciated the practical insights and hands-on experience provided during the workshops. The awareness program was instrumental in highlighting the importance of maintaining an updated and integrated research profile for academic and professional growth.

The one-day awareness program on ORCID & INFLIBNET services at DAVV, Indore, was a significant step towards enhancing the research infrastructure and academic networking capabilities of the participants. Organized by IQAC DAVV in collaboration with the INFLIBNET Centre, Gujarat, the program successfully equipped researchers with the necessary tools and knowledge to leverage ORCID and INFLIBNET services for their academic endeavors.



## IGNOU: Workshop for B.Ed. First and Second Year Workshop

The IGNOU (Indira Gandhi National Open University) B.Ed. First and Second Year Workshop commenced on May 28, 2024, at Christ College. This workshop is an integral part of the B.Ed. program, aimed at providing students with practical training and enhancing their teaching skills through interactive sessions and hands-on activities.

### Objectives

- To provide comprehensive training in teaching methodologies and pedagogical practices.
- To facilitate interactive learning experiences between students and experienced educators.
- To offer practical insights and hands-on activities to complement theoretical coursework.
- To provide a platform for students to discuss and resolve academic challenges.

### Program Highlights

1. Inauguration Ceremony:
  - The workshop commenced with an inauguration ceremony where the Principal Rev. Prof. Johnson and Co Ordinator Ms Jaya Saini along with other faculty members addressed the attendees, emphasizing the importance of practical training in the B.Ed. curriculum.
2. Interactive Teaching Sessions:
  - The workshop included a series of interactive teaching sessions focused on various aspects of education. These sessions were designed to enhance students' understanding of effective teaching strategies and classroom management.
3. Hands-On Training:
  - Practical training sessions were conducted to provide students with real-world teaching experience. Activities included lesson planning, classroom simulations, and micro-teaching exercises.
4. Expert Lectures and Panels:
  - Renowned educators and subject matter experts delivered lectures on advanced topics in education. Panel discussions were also held to provide diverse perspectives on contemporary educational issues.
5. Collaborative Learning:
  - Group activities and collaborative projects were a key component of the workshop. These activities encouraged peer learning and allowed students to work together to solve educational challenges.
6. Assessment and Feedback:
  - Continuous assessment methods, including peer reviews and faculty feedback, were used to evaluate student performance. This feedback was crucial in helping students improve their teaching practices.
7. Q&A and Problem-Solving Sessions:
  - Dedicated Q&A sessions provided students with the opportunity to seek clarification on various topics and discuss specific academic or practical challenges they faced.

### Participant Feedback

The participants expressed high levels of satisfaction with the workshop, noting the value of the practical training and the opportunity to engage with experienced educators. They appreciated the interactive nature of the sessions and the collaborative learning environment. The hands-on activities were particularly highlighted as beneficial in preparing them for real-world teaching scenarios.

### Conclusion

The IGNOU B.Ed. First and Second Year Workshop at Christ College commenced successfully on May 28, 2024. The workshop provided an enriching and comprehensive training experience, combining expert lectures, practical training, and interactive sessions. The positive feedback from participants underscores the effectiveness of the workshop in enhancing the professional skills of future educators.





## Interesting Facts About Music

### 1. Music helps in increasing productivity

Whether you are a student or a professional, music can be your ideal companion, enhancing your productivity. It helps relax your mind and provides a perfect focus channel, allowing you to immerse yourself in your work. Music creates a sense of detachment from the external world, letting you float in a comfortable, personal space. Research shows that music can make you work harder without realizing it, and time seems to pass more quickly when your favorite tunes are playing. For example, weightlifters and bodybuilders often find their preferred music genres motivating, leading to increased endurance, productivity, power, and strength.

### 2. Music improves cardiovascular health

Researchers have discovered that listening to any type of music can significantly benefit cardiovascular health. The rhythm of the music helps you synchronize your breathing with your heartbeats. For example, when you listen to music while walking, your pace and the rhythm of your steps align with the music. This is why joggers often listen to music, as it helps them naturally focus on their heartbeats and maintain heart health.

### 3. Music Influences Your Perception

One intriguing psychological aspect of music is how it influences your perception of the world. Have you ever noticed that the meaning of a song changes depending on your age and state of mind? The lyrics and rhythm resonate more deeply when you listen with emotions. Happy songs can lift your spirits, while sad songs help you connect with life's difficult truths. Music can literally transform your outlook on life.

### 4. Music Can Give You a Frisson

A frisson is an intense emotional sensation that music lovers often experience when they listen to their favorite songs or instrumentals. This sensation can cause goosebumps or a hair-raising effect at certain points in the music. Scientifically, music can provide pleasure comparable to eating delicious food or spending quality time with loved ones.

### 5. Music nourishes the plants

Researchers have demonstrated that music can promote faster and healthier plant growth. A study conducted by the National Institute of Agricultural Biotechnology in South Korea indicates that plants can respond positively to good music, influencing their development. Plants can actually respond to music! Several studies have shown that plants grow faster and healthier when exposed to music. So next time you're gardening, don't forget to play some tunes for your plants!

### 6. Music Has the Ability to Recall Memories Even After Severe Brain Injuries and Illnesses

A study published in *Neuropsychological Rehabilitation* highlights the impact of music on memory. It shows that music can assist brain injury patients in recalling specific memories that are otherwise difficult to retrieve through conventional means.

### 7. Singing Is A Stress Buster

Singing can greatly reduce stress. This psychological effect occurs with both singing and listening to music. When you sing or listen to your favorite tunes, your endocrine system releases hormones that combat stress. That's why we often feel relaxed after a hard day's work when we listen to music.

### 8. Babies Can Listen to Music inside the Womb

An interesting fact about music is that babies can hear it while in the womb. They recognize different types of music and respond to them by moving their mouths, hands, and legs when familiar tunes are played.

### 9. Singing In A Group Boosts Mood

Multiple studies have been conducted that prove singing as a part of a group provides numerous physical and emotional benefits. Researchers have discovered that singing is soothing and does indeed raise one's spirits and mood. When you sing with others, the body releases feel-good hormones, like oxytocin, and reduces stress-causing ones, like cortisol.

Source: <https://www.vedantu.com/blog/interesting-facts-about-music>  
<https://bestlifeonline.com/music-facts/>

## Some Important days

### **1 June – World Milk Day**

World Milk Day is observed globally on 1st June every year to celebrate the important contributions of the dairy sector to sustainability, economic development, livelihoods and nutrition.

### **1 June- Global Day of Parents**

The Global Day of Parents is celebrated on the 1st of June every year. UN General Assembly proclaimed this day in 2012 by passing a resolution that honours parents for their relentless support, sacrifice and commitment toward their children.

### **5 June- World Environment Day**

World Environment Day is observed every year on 5 June and is celebrated by more than 100 countries. The environment is a major issue, which not only affects the well-being of the people but also hampers economic development throughout the world.

### **7 June – World Food Safety Day**

World Food Safety Day is celebrated on 7 June to draw global attention to the consequences of contaminated food and water to health. Also, this day focuses on the way to reduce the risk of food poisoning. The safety of food is key to achieving Sustainable Development Goals.

### **12 June - World Day Against Child Labour**

This day is launched by the International Labour Organisation (ILO) to focus attention on the worldwide extinction of child labour, efforts and the action required to eliminate it. In 2015, world leaders adopted the Sustainable Development Goals (SDGs) in which they included a clause to end child labour.

**17 June 2024 Id Ul Zuha** - This is a celebration of the end of the month-long Ramzan season of fasting among Muslims. This three-day festival is celebrated upon the sighting of the moon. Grand feasts and the purchase of new clothes mark the occasion.

**16 June 2024 Father's Day** - We often think about how our mothers are important to us and thereby tend to often forget the sacrifice made by our fathers and the love and care bestowed by them on us. Father's Day is the occasion when we show our love and respect to our fathers. This day is celebrated all across the globe and is dedicated to all the fathers, to make them feel special.

### **21 June - World Music Day**

Every year, World Music Day is celebrated on June 21 to promote music on an international level and is a way to establish global harmony through music.

### **21 June – International Yoga Day**

International Yoga Day is celebrated across the globe on 21 June to raise awareness about yoga in life and to make people aware of the benefits of yoga. In India, International Yoga Day is celebrated by the Ministry of AYUSH.

### **26 June - International Day against Drug Abuse and Illicit Trafficking**

This day was observed on 26 June every year to make people aware of the harmful effects of drugs and to determine a society free of drug abuse. It was established by the United Nations General Assembly to strengthen global action and cooperation.

### **29 June: National Statistics Day**

The day is observed on 29 June to popularise the use of Statistics in everyday life. The day commemorates the birth anniversary of Prof. P C Mahalanobis. The theme of National Statistics Day 2021 is Sustainable Development Goals (SDGs)-2: End Hunger, Achieve Food Security and Improved Nutrition and Promote Sustainable Agriculture.