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Christ College, Bhopal

(A CMI Institution)

क्रिस्ट लिंक

NEWSLETTER



**WORLD
HEALTH
- DAY -**

The graphic features a dark blue stethoscope that forms a heart shape. The heart is centered over a light blue world map. The text 'WORLD HEALTH - DAY -' is prominently displayed in the center of the heart. The background is light blue with scattered white plus signs and circles.

PRINCIPAL'S MESSAGE



American philosopher Ralph Waldo Emerson first coined the term 'Health is Wealth' in 1860. World Health Day is a global health awareness day celebrated every year on 7 April. Good health can offer many benefits, but it is one of our biggest challenges every day. Today, we live in a polluted environment, and in the midst of all the hustle bustle of daily life. To enjoy the wealth it brings, it is imperative to maintain a healthy work-life balance and make health your top priority.

Health is the greatest of human blessings. Healthy citizens are the greatest asset any country can have. The proverb which is of Greek origin insists that the mind and body should be both healthy and sound.

The theme for World Health Day 2024 is 'My health, my right'. The main Objectives of World Health Day 2024 - advocate for universal health coverage, promote health equity, encourage healthy behaviors, strengthen health systems, aligning with sustainable development goals. Around the world, the right to health of millions is increasingly coming under threat. Conflicts are devastating lives, causing death, pain, hunger and psychological distress. The burning of fossil fuels is simultaneously driving the climate crisis and taking away our right to breathe clean air.

In 1948, the WHO held the First World Health Assembly. The Assembly decided to celebrate 7 April of each year, with effect from 1950, as the World Health Day. It aims to ensure sustainable access to safe water and sanitation for the most vulnerable communities around the world. The World Health Organization has been involved in mobilizing many health efforts all over the world for the past 74 years by describing what medicines are essential for public health and which diseases to give a particular focus to. One important success of the WHO was the movement to eradicate smallpox.

If we work together, everyone, everywhere, can attain the highest level of health and well-being. The 'Right to Health' is a basic human right. As we know nearly a third of the global population is not able to access essential health services. Health-care systems continue to fail women and girls. Please join on the journey to achieve health for all. It is said that good Health provides better capabilities to work as per the requirements of the growing world.

'A sound mind in a sound body' - Thales, Greek philosopher

Prof. Fr. Johnson
Principal

National Workshop Attended

Dr. Diwakar Singh, an esteemed Associate Professor, participated in the National Workshop on Systematic Literature Review and Meta-Analysis (SLRM-2024) held from March 2 to March 4, 2024. The workshop was hosted by the Department of Physical Education at Banaras Hindu University, Varanasi. The primary objective of the workshop was to impart knowledge and skills related to systematic literature review and meta-academic research, especially in the

field of physical education. Dr. Diwakar Singh, with his extensive expertise in the field, actively engaged in presence significantly enriched the Throughout the workshop, Dr. Singh learning and sharing knowledge, learning environment. During the workshop sessions, Dr. Diwakar Singh's participation in was both enriching and impactful. His contributions were understanding of the methodologies Dr. Diwakar Singh's participation in was both enriching and impactful. His field of physical education through systematic literature review and meta-analysis methodologies reflects his commitment to academic excellence. The insights gained from this workshop are expected to further enhance Dr. Singh's research endeavors, benefiting both his academic pursuits and the broader scholarly community.



Dr. Singh actively participated in own research experience and providing related to systematic literature review and instrumental in fostering a deeper among the participants.

Overall, Dr. Diwakar Singh's involvement in SLRM-2024 underscored his status as a respected academician and highlighted his dedication to continuous learning and professional development.

Official Release of GK Book for Classes 1 to 5 by Dr. Annsi Sojan Joseph, Professor, Christ College, Bhopal



Dr. Annsi Sojan Joseph, Professor at Christ College, Bhopal, released a General Knowledge (GK) book for Classes 1 to 5 on March 11, 2024. The event emphasized the importance of a robust GK foundation for young learners. Dr. Joseph's expertise in curriculum development was evident in the book's comprehensive coverage of diverse topics. Attendees praised her initiative and recognized the book's potential to enhance students' academic journey. The release signifies Christ College's commitment to quality education. Dr. Joseph's leadership in creating this resource underscores her dedication to empowering students with knowledge beyond the curriculum, setting a new benchmark in educational excellence.

Participation in 'Samarth Naari Evam Viksit Bharat – Ek Paricharcha'

Dr. Pallavi Shrivastava, an Associate Professor, actively participated in the Symposium on "Samarth Nari evam Viksit Bharat par Paricharcha" held at the Department of Continuing Education, Barkatullah University, Bhopal on March 8th. The symposium centered around discussions on women's empowerment and development in India. Dr. Shrivastava contributed to dialogues including education, employment, also addressed the challenges hindering access to opportunities. Emphasizing the empowerment, Dr. Shrivastava highlighted making and active participation in societal valuable insights into the status of women's experts and participants. Dr. Shrivastava's addressing pertinent social issues and and opportunities. Such symposiums serve as essential platforms for fostering awareness, dialogue, and collaborative efforts towards creating a more inclusive and empowered society.



Dr. regarding strategies for empowering women, entrepreneurship, and social welfare schemes. She women's progress, such as societal norms and pivotal role of education in women's its significance in fostering informed decision-advancements. Her participation provided empowerment and facilitated exchanges with engagement underscores her dedication to contributing to the advancement of women's rights

Special Session Organized

The Department of Education in collaboration with IQAC organized a special session for the students of M.Ed. spanning from March 9 to March 15, 2024, aimed at providing participants with comprehensive insights into various critical aspects of education. The week-long program encompassed diverse topics ranging from data analysis and interpretation using SPSS to exploring various policies and acts in education in India. Renowned experts in the field, including Dr. Diwakar Singh, Prof. Ansi Sojan, Ms. Jaya Saini, and Dr. Pallavi Shrivastava Sinha, conducted the sessions, ensuring a holistic learning experience for all attendees.

The special session featured an extensive agenda covering essential themes pertinent to the field of education. Participants were exposed to a wide array of topics designed to enhance their knowledge and skills in education research, policy analysis, and professional development. The program was structured to provide a balanced blend of theoretical concepts, practical applications, and interactive discussions, fostering a conducive learning environment.

Key Topics Covered:

- 1. Data Analysis and Interpretation using SPSS:** Dr. Diwakar Singh led sessions focused on equipping participants with the necessary tools and techniques for data analysis and interpretation using SPSS software. Through hands-on demonstrations and case studies, participants gained practical insights into statistical analysis methods applicable in educational research.
- 2. Policies and Acts in Education in India:** Ms. Jaya Saini elucidated various policies and acts governing the education landscape in India. Participants were acquainted with the historical context, evolution, and implications of key policies, enabling them to understand the broader socio-political dynamics shaping the education system.
- 3. Concepts of Teacher Education:** Dr. Pallavi Shrivastava Sinha delved into the foundational concepts of teacher education, emphasizing the importance of pedagogical principles, curriculum design, and professional ethics in shaping effective teaching practices. The sessions aimed to empower educators with the requisite knowledge and skills to excel in their roles.
- 4. Professional and Personal Development:** Dr. Pallavi Shrivastava Sinha facilitated sessions focused on professional and personal development strategies for educators. Participants explored avenues for continuous professional growth, self-reflection, and holistic well-being, recognizing the interconnectedness between personal and professional spheres.

The special session organized by the Department of Education served as a platform for intellectual enrichment and professional advancement in the field of education. The diverse range of topics covered, coupled with the expertise of the facilitators, contributed to a robust learning experience for all participants. The insights gained from the sessions are expected to catalyze positive transformations in educational practices and policies, ultimately benefiting the broader educational community.

This report acknowledges the commendable efforts of Dr. Diwakar Singh, Prof. Ansi Sojan, Ms. Jaya Saini, and Dr. Pallavi Shrivastava Sinha in orchestrating a successful and impactful special session, thereby fostering a culture of excellence and innovation in education.



Library Award

In recognition of the importance of utilizing academic resources effectively, an award ceremony was held in 11 March 2024 to honor the Best Library Users among the students pursuing M. Ed. and B. Ed. degrees. The awards were bestowed upon Mr. Sanjay Mishra and Ms. Purva Gour for their exemplary utilization of library resources and their commitment to academic excellence.

Criteria for Selection: The Best Library User award is bestowed upon individuals who demonstrate exceptional dedication to utilizing library resources for their academic pursuits. Recipients are selected based on criteria such as:

1. Regularity in library visits.
2. Extensive use of library resources, including books, journals, and digital databases.
3. Demonstrated ability to effectively utilize library services for research and study purposes.
4. Contribution to promoting a culture of learning and resource utilization within the academic community.
5. Timely issue and return of books.

Award Recipients:

1. **Mr. Sanjay Mishra (M. Ed.):** Mr. Sanjay Mishra was recognized for his consistent engagement with library resources throughout his pursuit of the M. Ed. degree. His frequent visits to the library, coupled with his diligent exploration of academic literature, reflect his commitment to academic excellence and intellectual growth. Mr. Mishra's utilization of library resources has not only enriched his own learning experience but has also inspired his peers to actively engage with the vast repository of knowledge available in the library.
2. **Ms. Purva Gour (B. Ed.):** Ms. Purva Gour emerged as the recipient of the Best Library User award among B. Ed. students, owing to her exemplary utilization of library resources and proactive approach to academic research. Ms. Gour's enthusiasm for learning and her conscientious use of library facilities have set a commendable example for her fellow students. Her dedication to leveraging library resources for enhancing her academic performance underscores her commitment to scholarly pursuits.

The Best Library User award serves as a testament to the importance of effective utilization of academic resources in fostering a culture of learning and intellectual inquiry. The recipients, Mr. Sanjay Mishra and Ms. Purva Gour, epitomize the values of scholarship, diligence, and curiosity that the award seeks to honor. Their exemplary dedication to leveraging library resources for academic enrichment is commendable and serves as an inspiration to the academic community.

This report acknowledges and congratulates Mr. Sanjay Mishra and Ms. Purva Gour for their outstanding achievement and **contributions** to promoting a culture of scholarship and knowledge dissemination within the academic institution.



Trip to Chanderi

On March 19, 2024, an engaging excursion was organized to the picturesque town of Chanderi, located in the Ashok Nagar district of Madhya Pradesh. The trip aimed to offer the staff members a glimpse into the rich cultural heritage, historical landmarks, and architectural marvels that define this quaint town.

Itinerary:

- Chandery Museum:** The journey commenced with a visit to the Chandery Museum, a treasure trove of historical artifacts and cultural relics. The staff members had the opportunity to explore the diverse exhibits showcasing the town's illustrious past, including textiles, weaponry, and archaeological finds.
- Badal Mahal:** The next stop on the itinerary was Badal Mahal, a magnificent palace known for its exquisite architecture and intricate carvings. Participants admired the palace, which served as a testament to Chandery's royal legacy.
- Jama Masjid:** A visit to Jama Masjid offered insights into Chandery's multicultural architectural elements. The mosque's grandeur and serenity, reflecting the town's diverse religious traditions, dating back to the Bundela dynasty, provided participants with a glimpse into the town's royal history. The picturesque surroundings of the mosque and its fusion of Islamic and Hindu architectural styles and its left a lasting impression on the visitors.
- Kaushak Mahal:** Kaushak Mahal, an ancient palace of the Bundela dynasty, provided participants with a glimpse into the palace's unique blend of architectural styles and its left a lasting impression on the visitors.
- Khooni Darwaza and Kati Ghati:** The historic Khooni Darwaza and Kati Ghati served as poignant reminders of Chandery's tumultuous past. Participants learned about the significance of these sites in the town's history, reflecting on the resilience of its inhabitants amidst adversity.
- Jain Muni Ashram:** A visit to the Jain Muni Ashram provided participants with an opportunity for spiritual reflection and tranquility. Surrounded by lush greenery and serene surroundings, the ashram offered a peaceful retreat away from the bustle of city life.
- MPT Kothi:** The trip concluded with a visit to the MPT Kothi, a colonial-era bungalow offering panoramic views of the town. Participants savored the scenic beauty, enjoyed delicious lunch and relaxed ambiance of the Kothi, reflecting on the day's memorable experiences.



the regal splendor of the legacy.

Chandery's multicultural architectural elements. The and serenity, reflecting the

dating back to the Bundela town's royal history. The picturesque surroundings

Darwaza and Kati Ghati past. Participants learned reflecting on the resilience

The trip to Chandery proved to be a captivating journey through time, offering participants a holistic experience encompassing history, culture, and spirituality. From exploring ancient monuments to immersing themselves in the town's vibrant heritage, participants gained a deeper appreciation for Chandery's rich tapestry of traditions.

This report acknowledges the efforts of the organizers in curating a diverse and insightful itinerary and expresses gratitude to the participants for their enthusiastic engagement and positive contributions throughout the excursion.



Mrs. Rony Joy's Participation as a Resource Person for Parent Orientation Programme

On March 9, 2024, Mrs. Rony Joy, Assistant Professor at Christ College, served as a Resource Person for the Parent Orientation Programme held at St. Aloysius School, Jabalpur. The aim of the event was to provide guidance and support to parents in facilitating their children's educational journey.

Mrs. Joy's participation in the programme was highly impactful. She brought to the table her extensive knowledge and experience in the field of education, enriching the discussions and providing valuable insights to the parents present.

Throughout the session, Mrs. Joy addressed various critical aspects of parenting and education, emphasizing the importance of creating a conducive learning environment at home. She highlighted the significance of fostering open communication between parents and children, nurturing emotional intelligence, and instilling effective study habits.

Mrs. Joy's presentation was engaging and interactive, encouraging active participation from the audience. She utilized various techniques to facilitate dialogue and address the concerns and queries of the parents effectively.

The attendees expressed appreciation for Mrs. Joy's expertise and found her presentation to be enlightening and beneficial. They left the session equipped with practical strategies and tips to support their children's academic and overall development.

In conclusion, Mrs. Rony Joy's involvement as a Resource Person for the Parent Orientation Programme at St. Aloysius School, Jabalpur, was invaluable. Her contributions significantly enhanced the programme's success, and her expertise positively impacted the parents in attendance.



Birthday Celebration of Mr. Augustin William, Librarian

On March 21, 2024, the faculty members of Christ College, Bhopal, gathered to celebrate the birthday of Mr. Augustin William, the esteemed Librarian of the college. The celebration was held in the presence of faculty members, adding a sense of warmth and camaraderie to the occasion.

The event commenced with heartfelt William by Prof. Fr. Johnson CMI, the conveyed his best wishes to Mr. William, college community. His words of for the celebration.

Following the blessings, a delightful spread of occasion. The atmosphere was filled with joy to extend their best wishes to Mr. William. reflecting the strong bond within the Christ

The celebration not only honored Mr. the importance of acknowledging the efforts staff. Such occasions foster a sense of enhancing the overall morale and spirit

The birthday celebration of Mr. Augustin William was a heartwarming event that brought together faculty members to celebrate a cherished colleague. The blessings from Prof. Fr. Johnson CMI, the sharing of cake and snacks, and the camaraderie shared among colleagues made the occasion truly memorable. It underscored the values of appreciation and unity within the Christ College community.



birthday blessings bestowed upon Mr. Augustin Principal of Christ College. Prof. Fr. Johnson CMI recognizing his dedication and contributions to the encouragement and appreciation set a positive tone

cake and snacks was presented to mark the and laughter as faculty members gathered around The camaraderie among colleagues was palpable, College community.

Augustin William but also served as a reminder of and contributions of every member of the college belonging and unity among faculty members, within the institution.

Christ College celebrated birthday of Rev Fr Xavier CMI

Christ College celebrated birthday of Rev Fr Xavier CMI, Administrative head on 28 March 2024. On the occasion Rev Fr Johnson, Principal of Christ College, appreciated him for his hardworking and dedication. All the staff members present wished him then Cake was cut and distributed among all present. Christ College wishes Rev Fr Xavier a very happy and long life ahead.



College Level Seminar on Transforming Education in India: Policies, Practices, and Progressions

On the 14 March 2024, Christ College, Bhopal, organized a seminar focused on transforming education in India, exploring various policies, practices, and progressions in the field for the students of B.Ed. . The seminar aimed to provide insights into key aspects of Indian education, with a particular focus on the RTE Act 2009, NCF 2005, SSA, RMSA 2009, Yashpal Committee Report, UGC, NCERT, and CCE. M.Ed. students took the initiative to present on these topics, offering diverse perspectives and critical analysis.

Presentations: The seminar featured presentations by M.Ed. students, each addressing significant policies and practices in Indian education:

- 1. Right to Education (RTE) Act 2009** - Presented by Sr. Jancy: This presentation focused on the RTE Act 2009, highlighting its provisions for free and compulsory education for children aged 6 to 14 years. The presentation discussed the implementation challenges and the impact of the act on enhancing educational accessibility.
- 2. National Curriculum Framework (NCF) 2005** - Presented by Mrs. Preeti Bala: This presentation delved into the NCF 2005, emphasizing its role in shaping the national curriculum and educational practices. The discussion included an analysis of its guiding principles and implications for curriculum development.
- 3. Sarva Shiksha Abhiyan (SSA)** - Presented by Mrs. Ayushi Acharya: The SSA presentation examined the objectives and achievements of the program aimed at universalizing elementary education. It discussed strategies for improving educational access and quality, especially in rural and marginalized areas.
- 4. Rashtriya Madhyamik Shiksha Abhiyan (RMSA) 2009** - Presented by Mrs. Amrita Sisodia: Focusing on secondary education, this presentation explored the objectives and implementation strategies of RMSA 2009. It assessed the program's impact on enhancing infrastructure and quality in secondary schools.
- 5. Yashpal Committee Report** - Presented by Sr. Delfeena: This presentation discussed the recommendations of the Yashpal Committee Report for higher education reform. It analyzed the committee's insights into curriculum design, governance, and research in Indian universities.
- 6. University Grants Commission (UGC)** - Presented by Mrs. Raveena Goyal: This presentation provided an overview of the UGC's role in regulating higher education institutions. It discussed UGC's initiatives for ensuring academic quality and promoting excellence in higher education.
- 7. National Council of Educational Research and Training (NCERT)** - Presented by Mrs. Anjali Namdeo: Focusing on curriculum development, this presentation explored NCERT's contributions to formulating national curriculum frameworks and educational materials. It discussed NCERT's role in promoting innovation and inclusivity in education.
- 8. Continuous and Comprehensive Evaluation (CCE)** - Presented by Sr. Sabna Lawrence: This presentation examined the transition from traditional examination-based assessment to CCE in schools. It discussed the objectives, components, and challenges associated with implementing CCE for holistic student evaluation.



The seminar provided a comprehensive understanding of key education policies, practices, and progressions in India. Through insightful presentations by M.Ed. students, participants gained valuable insights into the transformative initiatives shaping the education landscape. Mrs. Jaya Saini's coordination ensured the smooth conduct of the seminar, fostering an enriching learning experience for all attendees. Overall, the seminar served as a platform for meaningful dialogue and reflection on advancing educational reform in India.



Important Days in April 2024

6 April - International Day of Sports For Development And Peace

An annual celebration of the ability of sport to promote social change, community development, and peace and understanding is observed as the International Day of Sport for Development and Peace.

April 06- Hanuman Jayanti

Hanuman Jayanti, a Hindu holiday, commemorates the birth of the Hindu deity and ardent Lord Rama devotee. The festival is celebrated on the full moon day of the Hindu month of Chaitra in the majority of Indian states.

7 April- World Health Day

As we know that "Health is wealth".

Therefore, World Health Day is celebrated worldwide every year on the 7th of April. Various programs and arrangements are managed by the World Health Organization. It was the first time celebrated in 1950.

10 April - World Homoeopathy Day (WHD)

WHD is observed every year on 10 April to pay tribute to the founder and father of the Homeopathy system of medicine Dr. Christian Friedrich Samuel Hahnemann. The main aim of this day is to spread knowledge about Homeopathic medicine in public health. In fact from 10 April to 16 April World Homeopathy Week is celebrated annually and is organized by the World Homeopathy Awareness Organisation. Basically, this day is celebrated both for homoeopaths and also for those who have been healed with homoeopathy.

10 April- [Eid-ul-Fitr](#)

[Eid-ul-Fitr](#) is observed during the first three days of Shawwl, the tenth month of the Islamic calendar, and marks the conclusion of Ramadan, the Muslim holy month of fasting. It is customarily observed with a special meal, which for many Muslims is their first meal during the day in a month.

13 April - [Jallianwala Bagh Massacre](#)

It took place on 13 April 1919 at Amritsar and is also known as the Amritsar massacre. On this day, British troops under the Command of Gen Dyer fired on a large crowd of unarmed Indians in Amritsar in Punjab of India. Several hundred people were killed and many hundreds were wounded.

14 April- [B.R. Ambedkar Remembrance Day](#)

B.R. Ambedkar Remembrance Day is also known as Ambedkar Jayanti or Bhim Jayanti which is observed on 14 April to commemorate the memory of B.R. Ambedkar. This day celebrates the birthday of Baba Saheb Bhimrao Ambedkar, an Indian politician, and social rights activist.

[April 14: Puthandu or Tamil New Year](#)

The first day of the year on the Tamil calendar is called Puthandu, commonly known as Tamil New Year. This celebration usually falls on the April 14 of the Gregorian calendar. It is celebrated with traditional ceremonies, eating, and cultural events in the Indian state of Tamil Nadu as well as in some regions of Sri Lanka and Malaysia.

[April 13: Baisakhi Day](#)

It is a spring harvest festival that is celebrated every year on April 13 or 14 by members of the Punjabi community. This year it is celebrated on April 13 It is one of the significant festivals for Sikhs, which is observed in India and throughout the world.

[April 14: Vishu](#)

Vishu, the cultural festival celebrates the Hindu New Year in the part of Kerala, Tulu Nadu, and Mahe of India. According to the Malayalam solar calendar, the first month of Medam is referred to as Vishu. It is observed annually on April 15. The Malayalam New Year is observed with tremendous fervour and pomp for a better future full of optimism and hope.

18 April- World Heritage Day

This day is observed every year on 18 April to preserve the human heritage and recognize the efforts of all the relevant organizations in the field. This day was announced by the International Council on Monuments and Sites (ICOMOS) in 1982 and was approved by the General Assembly of UNESCO in 1983.

21 April - Mahavir Jayanti

This is the most auspicious day for Jains and is observed by the Jain community across the world in memory of the last spiritual teacher of Jainism (Mahavir). This year it is celebrated on April 21.

22 April- World Earth Day

This day is observed every year on 22 April to mark the anniversary of the birth of the modern environmental movement in 1970. In the Universe Earth is the only planet where life is possible and so it is necessary to maintain this natural asset. World Earth Day is celebrated to increase awareness about the importance of the planet.

23 April - World Book and Copyright Day

Every year on 23rd April this day is celebrated to promote the enjoyment of books and reading. It is necessary to recognize the magical powers of books because they generate a link between the past and the future, a bridge between generations and across cultures.

23 April - English Language Day

English Language Day is celebrated on 23 April annually and is a United Nations (UN) observance day. The day coincides with both the birthday and death day of William Shakespeare and World Book Day

24 April - National Panchayati Raj Day

National Panchayati Raj Day is celebrated every year on 24 April in India. On this day Constitution came into force with effect on 24 April 1993. In 2010 the first National Panchayati Raj Day was celebrated.

28 April - World Day for Safety and Health at Work

This day is observed on 28 April every year by the International Labour Organisation (ILO) since 2003. This day marks how to improve occupational safety, and health and looks to continue these efforts through several changes like technology, demographics, climate change, etc.

29 April - International Dance Day

It is observed on April 29 annually and is also known as World Dance Day. It is a wake-up call for governments, politicians, and institutions that have not yet recognized the importance of dance.

29 April- International Astronomy Day

International Astronomy Day is observed twice a year, on May 15 and October 9, respectively, just before the first quarter moon of spring and fall. Doug Berger, who at the time served as the president of the Astronomical Association of Northern California, established World Astronomy Day. He wanted to pique urban residents' interest in astronomy.

April 30- Ayushman Bharat Diwas

The purpose of Ayushman Bharat Diwas is to promote the goals of the Ayushman Bharat Yojana. This program demonstrates the accomplishment of Indian government goals that are in line with the UN's Sustainable Development Goals (SDGs).

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The advertisement features a green chalkboard background with white and yellow text. On the right side, there is a photograph of a smiling young woman with long brown hair, wearing a blue and white striped shirt, holding a green folder and giving a thumbs-up. The background also includes illustrations of a yellow pencil, a yellow ruler, and a yellow triangle.